



April 26, 2011

The Target of Fundraising Campaign

East-Japan Earthquake and Tsunami Relief Fund

The National Council of YMCAs of Japan
President Yoshihiro Nakagawa
General Secretary Shigeru Shimada

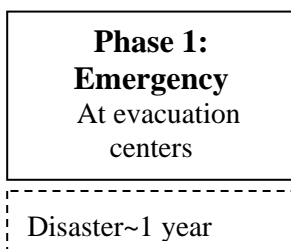
YMCAs of Japan continue supportive activities for the affected, especially those who are to be weak; children and youths, elderly, disabled people and foreign citizens by applying Relief Fund and donations from both inside and outside Japan. Also we, as a community-based organization, operate activities that “cultivate the human and lives” to make youths develop holistically as doers of relief and recovery activities.

TOTAL of the 1st term
300,000,000 yen
(300 million yen)

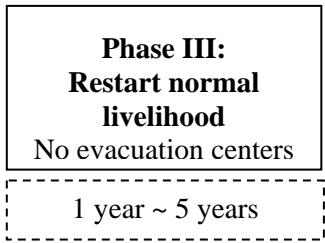
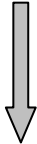
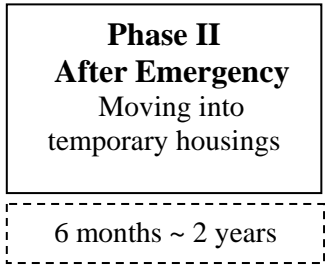
Expenses for Activities of Phase I: 50 million yen
Expenses for Activities of Phase II: 150 million yen
Expenses for Activities of Phase III: 100 million yen

● YMCA Disaster Relief and Recovery Plan: Overview

Establishment, operation/ management and support of Disaster Volunteer Centers



- Overcoming lack of infrastructure or lifeline: asking their needs, offering evacuation centers, distribution of food supplies and daily necessities
- Support at evacuation centers: distribution of supplies, stress-reduction and physical exercise programs
- Assist to clean private houses: carrying broken furniture, tidying and cleaning up inside the houses
- Help the weak: support nurseries and after-schools, recreation, mental counseling, nursing care for the elderly
- Distribution of picture books, stationeries, toys and sporting goods for children
- Request of Coordinators of Japan YMCA Disaster Volunteers



Support for normal livelihood (Planning and operating projects)

- Camp and after-school programs for children: grief retreat camps, trauma-reduction camps, etc.
- Supportive activities for classes, recreation and “field day” at schools
- Short or long stay for the elderly: offering YMCA campsites and training centers
- Programs and activities at YMCA centers: wellness (aquatic and gymnastic) programs, learning/ studying support
- Support affected students and youths: vocational training and scholarships
- Training for students as disaster recovery volunteers

Training of Trainers who promote recovery
(Building citizen-participated communities)

- Training youth leading trainers for recovery
- Support students’ lives: scholarships, dormitories, and high schools with correspondence courses, vocational trainings, etc.
- Childcare: nurseries and after-schools
- Long-term mental counseling
- Establishment of Recovery Support Centers

End